



Eagles in the Sky Child Care Society
Parent Handbook for COVID 19

Program Information

Hours of Operation:

Daycare: 8:00 am to 5:00 pm

OSC: 7:30 am to 9:00 am and 2:00 pm to 6:00 pm

Lunch & Snacks: NO HOT LUNCH, please provide a lunch each day, AM and PM snack will be provided

Registration: We will continue to follow Eagles in the Sky and Vancouver Coastal Health Licensing Regulations for registration of children in care

Licensed Space: Both the licensed childcare spaces and outdoor play yard will be used

Our Commitment: We strive to provide a meaningful care and learning environment during COVID 19. Care and learning will be at the forefront of our practice and decision making while developing plans to ensure the health and safety of all children, families, and educators. The guidelines provided are based on the recommendations provided by the BC Centre for Disease Control and the BC Ministry of Health. These recommendations are changing often, we will continue to update this document as new information comes forward. All educators, working with children and families will be provided with policy and procedures and will be trained on these procedures.

Program Drop Off Information

Eagles in the Sky will be following the recommended drop off procedures as provided below.

BC Centre for Disease Control and the BC Ministry of Health Guidelines state:

- Pick-up and drop-off of children should occur outside the child care setting unless there is a need for the parent or caregiver to enter the setting (e.g., very young children). If a parent must enter the setting, they should maintain physical distance from staff and other children present and be reminded to practice diligent hand hygiene and maintain physical distance when they are in the facility.
- Parents and caregivers that are symptomatic must not enter the child care facility.
- If there are multiple entrances, pick-up and drop off can be split at separate entrances to avoid parents and caregivers gathering in large numbers.
- Daily check at drop-off may be conducted by asking parents and caregivers to confirm that their child does not have symptoms of common cold, influenza, COVID-19, or other respiratory disease.
- Parents and caregivers should use their own pen and avoid touching the sign in/out sheet directly. Parents and caregivers should practice hand hygiene before and after touching the sign in/out sheet.

Eagles in the Sky Family Drop Off Procedures

1. Families stay at entry for drop off/pick up
2. Social Distancing at Drop Off – signage will be present to encourage distancing practice
3. Child Sign In – Educators will sign your child in
4. Families/Educators to confirm wellness at drop off – see Appendix A
5. Children must have sunscreen applied prior to arrival. Staff will reapply in afternoon.
6. We ask that children do not bring items from home at this time (toys, stuffed animals, books)

Eagles in the Sky Family Pick Up Procedures

1. Please call the program 5 mins before arrival - allowing educators to get child ready
2. Families are asked to wait 6ft away from person at entry door (one family at a time at entry)
3. Children will get ready, meet the pickup person at door with an educator present
4. Educator will sign your child out

****Families are asked to communicate via phone during operational hours***

Daycare: 604-718-5856

Out of School Care: 604-253-0122

Kinga, OSC Assistant Supervisor: 604-230-1885

Suzy, Senior Supervisor: 604-802-7215

Program Guidelines and information for Families and Children

1. We ask that children attending Eagles in the Sky do not attend multiple childcare facilities
2. Children will enter the facility, put their belongings away and wash hands immediately
3. Social distancing will be maintained as much as possible during group time activities
4. Lunch & Snacks: NO HOT LUNCH, please provide a lunch each day, AM and PM snack will be provided
5. We will be limiting group activities that require touch or close personal space
6. Educators will be setting up individual stations for small group activities
7. Outdoor play will be prioritized
8. Children that express or present health issue related to flu/cold systems-family called for pickup ASAP – see Appendix B

Health & Safety Guidelines

As recommended in the COVID-19 Public Health Guidance for Child Care Settings

Program Cleaning and Disinfecting Measures

Regular cleaning and disinfection are essential to preventing the transmission of COVID-19 from contaminated objects and surfaces. Mount Pleasant Child Care will be cleaned and disinfected in

accordance with the BCCDC's Cleaning and Disinfectants for Public Settings document.
http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf

Hand Washing

Rigorous hand washing with plain soap and water is the single most effective way to reduce the spread of illness. Children and staff can pick up germs easily from anything they touch, and can spread those germs to objects, surfaces, food and people. Everyone should practice diligent hand hygiene. Parents and staff can teach and reinforce these practices amongst children.

Children will be asked to wash their hands upon entering the program, before and after eating, after washroom use, transitioning from inside to outside, after coughing, sneezing or wiping of nose and before leaving the program. We will be following the BC Centre for Disease Control hand washing recommendations:

http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_Handwashing%20Poster_MD%20offices.pdf

Personal Protective Equipment (PPE)

Personal protective equipment, such as masks and gloves are not needed in the child care setting, beyond those used by staff as part of regular precautions for the hazards normally encountered in their regular course of work. They should only be used when all other controls have been fully explored. There is no evidence to support the use of medical grade, cloth, or homemade masks in child care setting at this time. Wearing one is a personal choice.

COVID 19 and Children

BC Centre for Disease Control and the BC Ministry of Health Guidelines state:

- COVID-19 virus has a very low infection rate in children. In B.C., less than 1% of children and youth tested have been COVID-19 positive. Most children are not at high risk for COVID-19 infection.
- Children under 1 year of age and older children with immune suppression and medical complexity are considered more vulnerable and at higher risk for illness (visit the BCCDC Priority Populations page for further details).
 - Children who are considered more vulnerable can attend child care. Parents and caregivers are encouraged to consult with their health care provider to determine if their child should attend child care if they are uncertain
- Children and youth typically have much milder symptoms of COVID-19 most often presenting with low-grade fever and a dry cough. GI symptoms are more common over the course of disease, while skin changes and lesions, are less common.
- Many children have asymptomatic disease. However, there is no conclusive evidence that children who are asymptomatic pose a risk to other children or to adults.
- Evidence indicates transmission involving children is primarily limited to household settings, and from COVID-19 positive adults to children. Most cases in children have been linked to a symptomatic household member.

- Clusters and outbreaks involving children and youth are unusual and tend only to occur in areas where there are high levels of community spread.
- Children are not the primary drivers of COVID-19 spread in child care facilities, schools or in community settings.
- Childcare facility closures have significant negative mental health and socioeconomic impacts on vulnerable children and youth.
- Prevention measures and mitigation strategies involving children and youth must be commensurate with risk.
- Adolescent children should physically distance themselves where possible when outside the family unit or household.
- For younger children maintaining physical distance is less practical and the focus should be on minimizing physical contact instead.

Within childcare settings, children and staff will often have colds, influenza or other respiratory viruses with symptoms similar to COVID-19 (i.e., influenza). For this reason, all children and staff who are ill with fever, have cold, influenza or infectious respiratory symptoms of any kind will need to stay home.

If children have symptoms, self-isolate for a minimum of 10 days from the onset of symptoms or they can be tested and return when they are well if tested negative for COVID-19. Without testing, they may return to childcare when the 10 days are completed AND they are well. If you are at all unsure of your status, the BC Centre for Disease Control's online assessment tool can help you assess whether you should be tested or stay home or not.

You can get a *COVID-19 test* from a physician, nurse practitioner or an urgent and primary care centre. Please call ahead before visiting. You can call 8-1-1 to find a *testing* centre near you. Testing is recommended for anyone with cold, influenza or COVID-19-like symptoms, even mild ones. Symptoms include:

- | | |
|---------------------------------------|-----------------------|
| • Fever (see below) | • Headache |
| • Chills | • Fatigue |
| • Cough or worsening of chronic cough | • Diarrhea |
| • Shortness of breath | • Loss of appetite |
| • Sore throat | • Nausea and vomiting |
| • Runny nose | • Muscle aches |
| • Loss of sense of smell or taste | |

While less common, symptoms can also include:

- Stuffy nose
- Conjunctivitis (pink eye)
- Dizziness, confusion
- Abdominal pain
- Skin rashes or discoloration of fingers or toes

Fever: Average normal body temperature taken orally is about 37°C. For more on normal body temperature and fevers, see HealthLinkBC's information for children age 11 and younger and for people

age 12 and older. Infants less than three months of age who have a fever should be assessed by a health care provider.

If an individual has no symptoms, they do not require a test. A healthcare provider may also decide whether a person requires testing.

Self Assessment: This tool will let you know if you should go for testing <https://bc.thrive.health/>

For testing sites - <https://experience.arcgis.com/experience/3862560c5a41418e9d78f4f81688e9d0>

Reach Medical Clinic

1145 Commercial Drive

By appt only

604-216-3138

Hours:

Mon-Sat 8:00-22:00

Sun 9:00-17:00

Urgent Primary Care Centre

1290 Hornby St

Appt or drop-in

604-416-1811

Hours:

Mon-Sat 8:00-22:00

Sun 9:00-17:00

APPENDIX A

HEALTH DECLARATION FORM

Has your child or anyone in your household had any of the following symptoms in the last 14 days?

YES/NO

_____ Fever

_____ Chills

_____ Coughing / sneezing

_____ Shortness of breath

_____ Sore throat and painful swallowing

_____ Stuffy or runny nose

_____ Loss of sense of smell

_____ Headache

_____ Muscle aches

_____ Fatigue

_____ Loss of appetite

_____ Nausea and vomiting

_____ Muscle aches

_____ Has your child or anyone in your home knowingly come in contact with someone who has tested positive for COVID-19?

_____ Has your child or anyone in your home travelled in the last 14 days outside Canada?

_____ Has your child been in direct contact with someone who is a Presumptive or confirmed case of COVID-19

_____ Has your child / anyone in your household come in contact with someone who has been asked to self-isolate based on Public Health

*If all your answers are NO your child can attend care at Eagles in the Sky

*If you answered YES to any of these questions please contact Suzy or Kinga for further discussion.

Thank you for your cooperation and patience.

APPENDIX B

Eagles In the sky: COVID 19 Pandemic Health Policy

During the COVID 19 pandemic Eagles in the Sky will be following the BC Centre for Disease Control and BC Health Ministry's public health guidance for childcare settings.

COVID-19 Public Health Guidance for Child Care Settings:

<https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/covid-19-pho-guidance-childcare.pdf>

It is important that:

- All parents, caregivers, children and staff who have symptoms of COVID-19 OR travelled outside Canada in the last 14 days OR were identified by Public Health as a close contact of a confirmed case must stay home and self-isolate.
- Parents and caregivers assess their child daily for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease before sending them for childcare.
- Children who are ill, including children of essential service providers, will not be permitted to attend childcare.
- Parents or caregivers pick up their child promptly once notified that their child is ill.

If a child has any of the listed symptoms, they will be required to self-isolate for a minimum of 10 days from the onset of symptoms or they can be tested and if is determined that they do NOT have COVID-19, they may return to child care once symptoms resolve (following the programs regular Health Policy).

Symptoms of COVID 19:

- Fever (see below)
- Chills
- Cough or worsening of chronic cough
- Shortness of breath
- Sore throat
- Runny nose
- Loss of sense of smell or taste
- Headache
- Fatigue
- Diarrhea
- Loss of appetite
- Nausea and vomiting
- Muscle aches

While less common, symptoms can also include:

- Stuffy nose
- Conjunctivitis (pink eye)
- Dizziness, confusion
- Abdominal pain
- Skin rashes or discoloration of fingers or toes

If a parent, caregiver or staff member is unsure if they or a child should self-isolate, they should use the BC COVID-19 Self-Assessment Tool, contact 8-1-1 or the local public health unit. They can also be advised to contact a family physician or nurse practitioner to be assessed for COVID-19 and other respiratory diseases.

IF CHILD DEVELOPS SYMPTOMS WHILE AT CHILD CARE:

Staff will take the following steps:

1. Staff will identify a staff member to supervise the child.
2. The identified staff member will immediately separate the symptomatic child from others in a supervised area until they can go home.
3. The staff will contact the child's parent or caregiver to pick them up right away.
4. Where possible, the identified staff will maintain a distance of 2 metres from the ill child. If this is not possible, the staff member may use a mask if tolerated, or use a tissue to cover their nose and mouth.
5. The identified staff will provide the child with tissues, and support as necessary so they can practice respiratory hygiene. Avoid touching the child's body fluids. If you do, wash your hands.
6. When able to, the staff will open outside doors and windows to increase air circulation in the area.
7. The staff will wash their hands and clean and disinfect the space where the child was separated and any areas used by the child (e.g., bathroom, common areas).
8. If concerned, contact 8-1-1 or the local public health unit to seek further advice
9. .
10. ***Parents or caregivers must pick up their child promptly once notified that their child is ill.***

Case Finding, Contact Tracing and Outbreak Management

Active testing of people with mild COVID-19 like symptoms (case finding) helps identify cases early in the course of their disease, determine whether others in close contact with them are at risk for infection (contact tracing), and ensure they get appropriate care and follow-up.

Should a COVID-19 positive person be identified by public health staff, significant efforts are undertaken to determine if they are part of a cluster of cases or part of a local outbreak. Specific public health measures are implemented in facilities where an outbreak occurs to prevent further transmission of COVID-19 and keep others safe.

In the event of a COVID 19 person be identified at Mount Pleasant, we will take direction from public health staff to ensure the health and safety of all educators, children, and families.

*Any updated recommendations by BC Centre for Disease Control and BC Health Ministry's will set precedence.